

MAHARASHTRA STATE BOARD OF TECHNICAL EDUCATION, MUMBAI
TEACHING AND EXAMINATION SCHEME

COURSE NAME : DIPLOMA IN BEAUTY CULTURE & HAIR DRESSING

COURSE CODE : BC

DURATION OF COURSE : FOUR SEMESTER / TWO YEAR

WITH EFFECT FROM 2007-2008

SEMESTER : THIRD

DURATION :- 16 WEEKS

FULL TIME / PART TIME : FULL TIME

SCHEME - C

SR. NO.	SUBJECT TITLE	SUBJECT CODE	TEACHING SCHEME			EXAMINATION SCHEME											
			TH	TU	PR	PAPER HRS.	TH		TEST	TOTAL		PR		OR		TW	
							Max	Min		Max	Min	Max	Min	Max	Min		
1	Advance Facials	9804	02	--	06	02	40	14	10	50	20	50#	20	--	--	25@	10
2	Hair Art	9805	02	--	06	02	40	14	10	50	20	50#	20	--	--	25@	10
3	Beauty therapy & Aesthetics	9806	02	--	04	02	40	14	10	50	20	50#	20	--	--	25@	10
4	Personal Grooming	--	--	--	02	--	--	--	--	--	--	--	--	25@	10	--	--
5	Computer Application in Beauty Culture	--	01	--	02	--	--	--	--	--	--	50@	20	--	--	--	--
6	Professional Practice	--	--	--	03	--	--	--	--	--	--	--	--	--	--	50@	20
TOTAL			07	--	23	--	120	--	30	150	--	200	--	25	--	125	--

STUDENT CONTACT HOURS PER WEEK (FORMAL TEACHING) : **30HRS.**

THEORY AND PRACTICAL PERIODS OF 60 MINUTES EACH.

@ - INTERNAL ASSESMENT, # - EXTERNAL ASSESMENT.

TOTAL MARKS – 625

ABBREVIATIONS : TH – THEORY, TU – TUTORIAL, PR – PRACTICALS, OR – ORAL, TW – TERMWORK.

All Practical, Oral and Term Work assessment are to be done as per the prevailing norms for implementation and assessment.

Course Name : Diploma in Beauty Culture & Hair Dressing
Subject Code : BC
Semester : Third
Subject Title : Advance Facials
Course Code : 9804

Teaching and Examination Scheme:

Teaching Scheme			Examination Scheme						
TH	TU	PR	PAPER HRS.	TH	TEST	PR	OR	TW	TOTAL
02	--	06	02	40	10	50#	--	25@	125

RATIONALE:

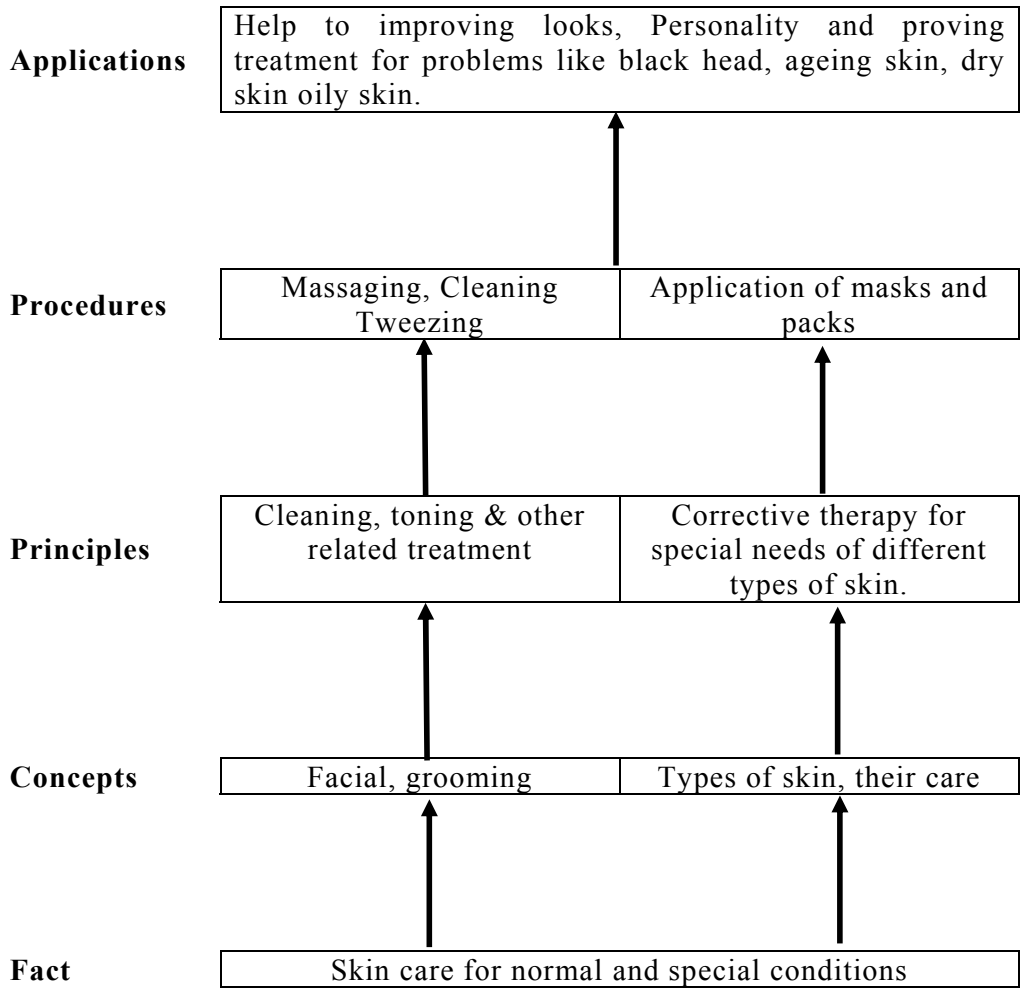
A knowledge regarding the various facial services with the help of different natural ingredients would give the necessary experience in the parlour to select the right mode of treatment.

OBJECTIVES:

To students will able to:

- 1) Provide professional facial services with the help of different natural and suitable cosmetics.
- 2) Select proper treatment according to skin type & their problem.
- 3) Application of face packs and masks as per skin types.

Learning Structure:



CONTENTS:

Chapter	Name of the Topic	Hours	Marks
01.	DRAPING FOR FACIAL SERVICES 1.1 Introduction 1.2 How to protect the patron and her clothing 1.3 Preparation of the patron for facial services	02	04
02.	FACIAL SERVICES 2.1 Plain facial 2.2 Facial for dry skin 2.3 Facial for oily skin and blackheads 2.4 Treatment for white heads 2.5 Facial for Ache 2.6 Face packs 2.7 Hot oil mask facial 2.8 Cosmetics, implements, equipments required 2.9 Effects and advantages of a facial 2.10 Precautions and reminders 2.11 Facials for Ageing skin 2.12 Facial for sensitive cuprose skin	30	36
Total		32	40

PRACTICAL:

Skills to be developed:

Intellectual Skills:

To analyse the skin conditions and different skin type.

Motor Skill

Student will be able to provide the correct procedure and manipulative skills required to give a facial.

List of Practice Oriented Projects :

To develop the skill of students and demonstration - 26 Hrs.

Practical perform by students on the different clients -70 Hrs.

List of Practical:

1. Different Types of Facials
 - Plain Facial
 - Vegetable facials
 - Fruit Facial
 - Chocolate Facial
 - Gold Facial
 - Oxy Facial
 - Diamond Facial
 - Pearl Facial
 - Thermo Mask
2. Facial for Different Skin types
 - Facial for Dry Skin
 - Facial for Oily Skin
 - Facial for Ache
 - Facial for Ageing Skin

Book:

Sr. No.	Author	Title	Publisher and Address
01.	Constance V. Kibbe	Standard text book of Cosmetology	Milady Publishing Corporation. Bronx, N.Y. USA
02.	Dr. Veena Pitre	A profession guide to Hair Dressing and Beauty Thearpay	Mrs. Veena Pitre 1221, W. Paranjpe Road, Pune-04.
03.	Dr. Gloria Klein	Face up	Orbis publishing Ltd. 22, Bedfordbury, London W.C.Z.
04.	Miladys standard Text book of Cosmetology		Milady USA
05.	Joan Price & Pat Booth	Making Faces	Michael Joseph Ltd. 44, Bdeford Sq. W.C.I.
06.	Bronwen Meredith Allen Lane	Vogue Body & Beauty Book	Pengvine Books Ltd. 17, Grosvenor Gardens London SWIW ORD
07.	Dr. David Murray	Scientific Skin Care	Arlington Books Ltd.

Course Name : Diploma in Beauty Culture & Hair Dressing
Subject Code : BC
Semester : Third
Subject Title : Hair Art
Course Code : 9805

Teaching and Examination Scheme:

Teaching Scheme			Examination Scheme						
TH	TU	PR	PAPER HRS.	TH	TEST	PR	OR	TW	TOTAL
02	--	06	02	40	10	50#	--	25@	125

RATIONALE:

The contents of Hair dressing will aim at giving detail professional knowledge of Hair and its aspects. This knowledge is useful in study of Hair styling.

OBJECTIVES:

To students will able to:

- 1) Understand chemistry of coloring.
- 2) Choose lighteners.
- 3) Do hair cuts with the help of angles.
- 4) With the help of guidelines.

CONTENTS:

Chapter	Name of the Topic	Hours	Marks
1	1.1 Advance Hair Cutting 1.2 Introduction 1.3 Elevations 1.4 Special Effects 1.5 Thinning hair 1.6 Razor shapers 1.7 Clippers & edges 1.8 Cutting Curly hair	16	20
2	Hair Coloring 2.1 Introduction 2.2 Chemistry of coloring 2.3. Basic laws of colors 2.4 Classification of tints i) Temporary ii) Semi permanent iii) Permanent 2.5 Materials & Implements 2.6 Hair Lightening i) Froasting ii) Tipping iii) Streaking	16	20
Total		32	40

PRACTICAL :

Skills to be developed:

1. Intellectual Skills:

The student will be able to know the basic angles of cutting and chemicals used in colouring.

Motor Skill

The student will be able to do cutting of hair by using angles, elevations and clippers. They also develop skill to give colour and tints to hair.

3. List of Practice Oriented Projects:

To develop the skills— 26 Hrs.

To Practice on the clients —70 Hrs.

List of Practical:

- 1** Practicing Cut While Using Angles
 - i) Step cut
 - ii) Boy Cut
 - iii) Layers
 - iv) Page Cuts
- 2** Use of colors
Use of dyes
Use of Vegetable dyes
- 3** Hair Lightening
Removal of tints
Froasting
Tipping
Streaking
- 4** Teaching Aids :
 - 1) Razor comb
 - 2) Thinning shears
 - 3) Clippers

Book :

Sr. No.	Author	Title	Publisher and Address
01.	Constance V. Kibbe	Standard text book of Cosmetology	Milady Publishing Corporation. Bronx, N.Y. USA
02.	Dr. Veena Pitre	A profession guide to Hair Dressing and Beauty Thearpay	Mrs. Veena Pitre 1221, W. Paranjpe Road, Pune-04.
03.	Miladys standard Text book of Cosmetology	--	Milady USA
04.	Mary quant & Felicity Green	Colour by Quant	Mandarin Publishers Ltd. 22-A, Westlands Road, Quarry bay Hong-Kong
05.	Experts of coiffure International	The Hair Design Book	William colins Sonal Co. Ltd. London
06.	Louis Ginac & Jacqueline Warsaw.	Geat Looking Hair	The Viking Press New York

Course Name : Diploma in Beauty Culture & Hair Dressing
Subject Code : BC
Semester : Third
Subject Title : Beauty Therapy and Aesthetics
Course Code : 9806

Teaching and Examination Scheme:

Teaching Scheme			Examination Scheme						
TH	TU	PR	PAPER HRS.	TH	TEST	PR	OR	TW	TOTAL
02	--	04	02	40	10	50#	--	25@	125

RATIONALE:

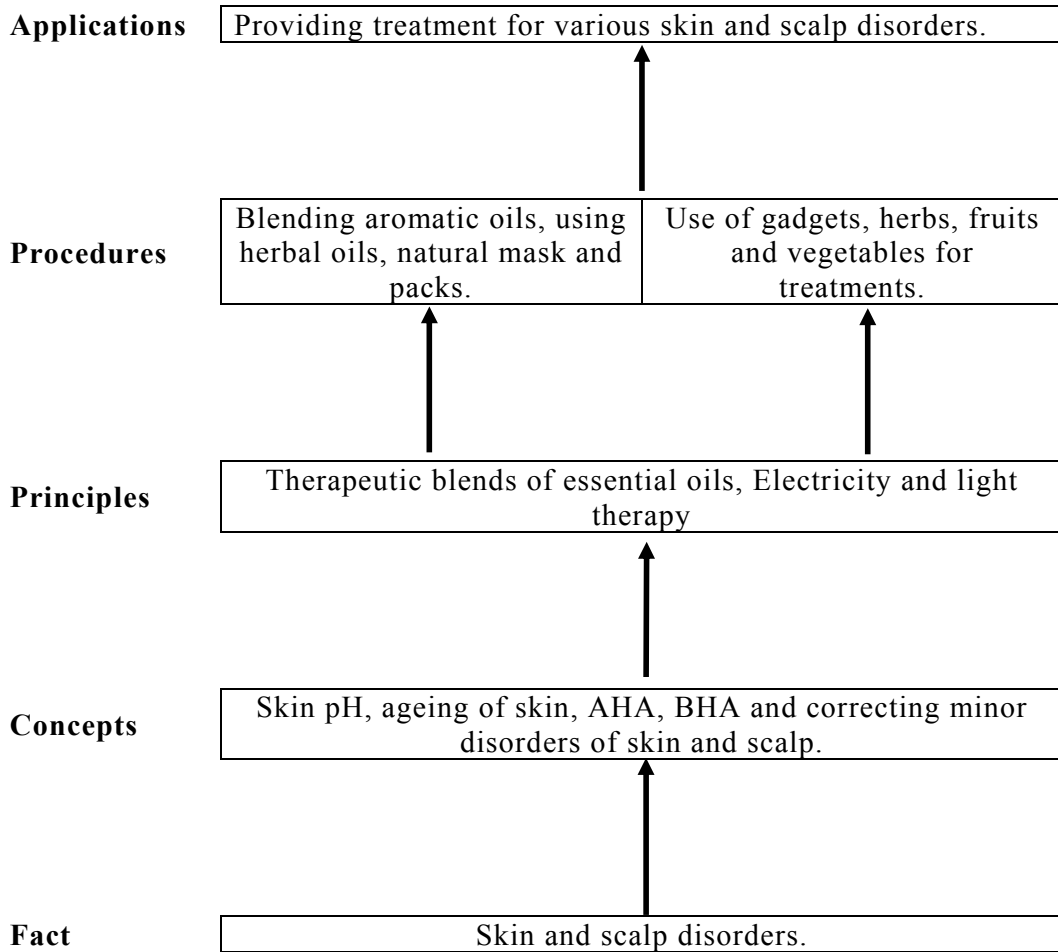
In this field of beauty culture, Beauty therapy and Aesthetics is an important subject. For the student it is quite necessary to have a detailed theoretical as well as practical knowledge regarding the same. This subject deals with the analysis of the skin and scalp. Proper approach towards various treatment and precautionary measures to be taken while using / handling electrical gadgets and aromatic oils. It is an art of beautifying towards good health.

Objectives:

The students will get the details information of / about :

- 1) Various skin and scalp disorders. (which can be treated in beauty saloon / clinic)
- 2) Different electrical equipments / gadgets.
- 3) Aromatic oils and products from natural resources.
- 4) And their proper application / operation, use, maintenance and handling would also be covered.

Learning Structure:



CONTENTS:

Chapter	Name of the Topic	Hours	Marks
01	ELECTRICITY AND LIGHT THERAPY 1.1 Different types of current : galvanic, faradic, sinusoidal and high frequency 1.2 Method of application. 1.3 Benefits to be derived from the various currents. 1.4 Various types of electrical equipments : Steamer, vibrator and MDA. (Micro derma abraser) 1.5 Light Therapy : Ultra Violet rays, infrared rays and visible lights.	08	16
02	SKIN AND SCALP DISORDERS 2.1 Dandruff 2.2 Alopecia 2.3 Ache 2.4 Oily Skin and dermabrasion 2.5 dry skin and under eye dark circle	08	14
03	AROMATHERAPY 3.1 Introduction of aroma therapy 3.2 Properties and use of oils : essential oil and carrier oils. 3.3 Oil blend, storage and safety 3.4 Therapeutic blend / remedies 3.5 Aromatic beauty care	08	06
04	TREATMENT USING PRODUCTS FROM NATURAL RESOURCES 4.1 Herbs 4.2 Fruits 4.3 Vegetables 4.4 Kitchen cupboard	08	04
Total		32	40

PRACTICAL:

Skills to be developed:

Intellectual Skills:

The students will be able to recognize and analyse the patron's Skin and Scalp conditions; and will be able to determine the corrective treatment to be given.

Motor Skill

The students will be able to give the corrective treatment for skin and scalp disorders by using variety of electrical gadgets also using products from natural resources and cosmetics and manipulation, all by following precautions.

3. List of Practice Oriented Projects:

To develop the skill of students and demonstration — 14 Hrs.

Practical perform by students on the different clients —50 Hrs.

List of Practical:

- 1 ELECTRICITY AND LIGHT THERAPY**
Treatment with the help of gadgets.
- 2 SKIN AND SCALP DISORDERS :**
Treatments of :
Dandruff
Alopecia
Acne
Oily skin
dry skin
dermabrasion with MDA
Under eye dark circle
- 3 AROMATHERAPY**
Treatment with aromatic oils
- 4 TREATMENT USING PRODUCTS FROM NATURAL RESOURCES**
Detaining with vitamin "C" Skin polishing with AHA.

REFERENCES:**Book :**

Sr. No.	Author	Title	Publisher and Address
01.	Coustance V. Kibbe	Standard text book of Cosmetology	Nilady Publishing Corporation Bronx N.Y. USA
02.	Veena Pitre	A Professional guide to hair dressing and beauty therapy	Veena Pitre 1221 W. Paranjpe Road, Pune
03.	Clare Manwell Hudson	Aroma therapy massage book	--
04.	Anita Guyton	The woman's book of natural beauty	Parking kindessley Ltd. 9 Henriett Street, London
05.	John V. Simmons	Science and the beauty business Vo. II The beauty salon and its equipments	Macmillan
06.	Dr. Urjila Jain	Living with herbs	Dr. V. C. Jain

Course Name : Diploma in Beauty Culture & Hair Dressing
Subject Code : BC
Semester : Third
Subject Title : Personal Grooming
Course Code : --

Teaching and Examination Scheme:

Teaching Scheme			Examination Scheme						
TH	TU	PR	PAPER HRS.	TH	TEST	PR	OR	TW	TOTAL
--	--	02	--	--	--	--	25@	--	25

Rationale:

The modern situations demands not only an ability to handle cosmetics but also an ability to handle human beings. A knowledge of human psychology, values, etiquettes and manners would help the students to develop a magnetic personality that would make them to be better cosmetologist.

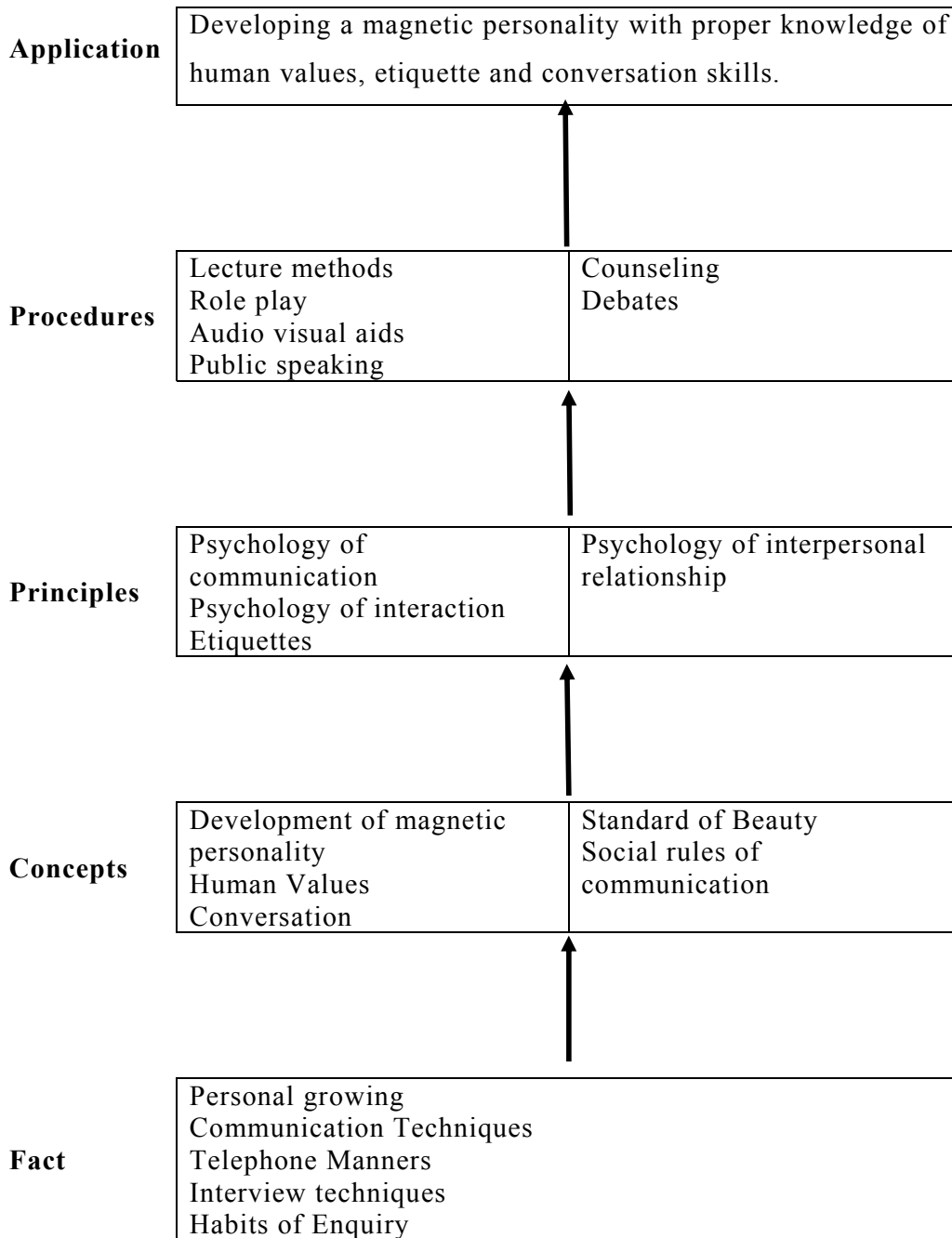
Objective:

To develop a magnetic personality.

Specific Objective: To enable the students to

- 1) To converse effectively
- 2) To handle customers politely
- 3) To think positively
- 4) To give an take compliments properly
- 5) To develop visual poise
- 6) To treat people with empathy.

Learning Structure:



CONTENTS:

1.	Conversation
2.	Introducing techniques
3.	Compliments
4.	Human Relation
5.	Telephone Manners
6.	Interview Techniques
7.	Dress Sense
8.	Communication Skills
9.	Personal Grooming
10.	Positive Thinking
11.	Personality Development – The process and method
12.	Human Values

Term work based on the Topics listed. Students would be asked to prepare a record of magazine write ups on all the relevant topics.

Books:

Sr. No.	Title	Author	Publishers & Address
01.	The Positive Principles Today	Norman Vincent Peale	Fawcett Guest NY
02.	Ho to Enjoy your life and your job	Dale Carnegi	Fawcett Guest NY
03.	How to Enrich Your Life	S. Perry	Oxford University Press, Delhi
04.	Success through Personality	--	English Languages Book Society, Delhi
05.	Manners and Etiquettes	Roy Alberque	English Language Book Society, Delhi
06.	Standard Book of Cosmetology	Constance V. Kibbe	Mcmillan India Ltd. Madras
07.	Personality Development	Elizabeth B. Hurlock	English Language Book Society- Delhi

Course Name : Diploma in Beauty Culture & Hair Dressing
Subject Code : BC
Semester : Third
Subject Title : Computer Application in Beauty Culture
Course Code : --

Teaching and Examination Scheme:

Teaching Scheme			Examination Scheme						
TH	TU	PR	PAPER HRS.	TH	TEST	PR	OR	TW	TOTAL
01	--	02	--	--	--	50@	--	--	50

Rationale:

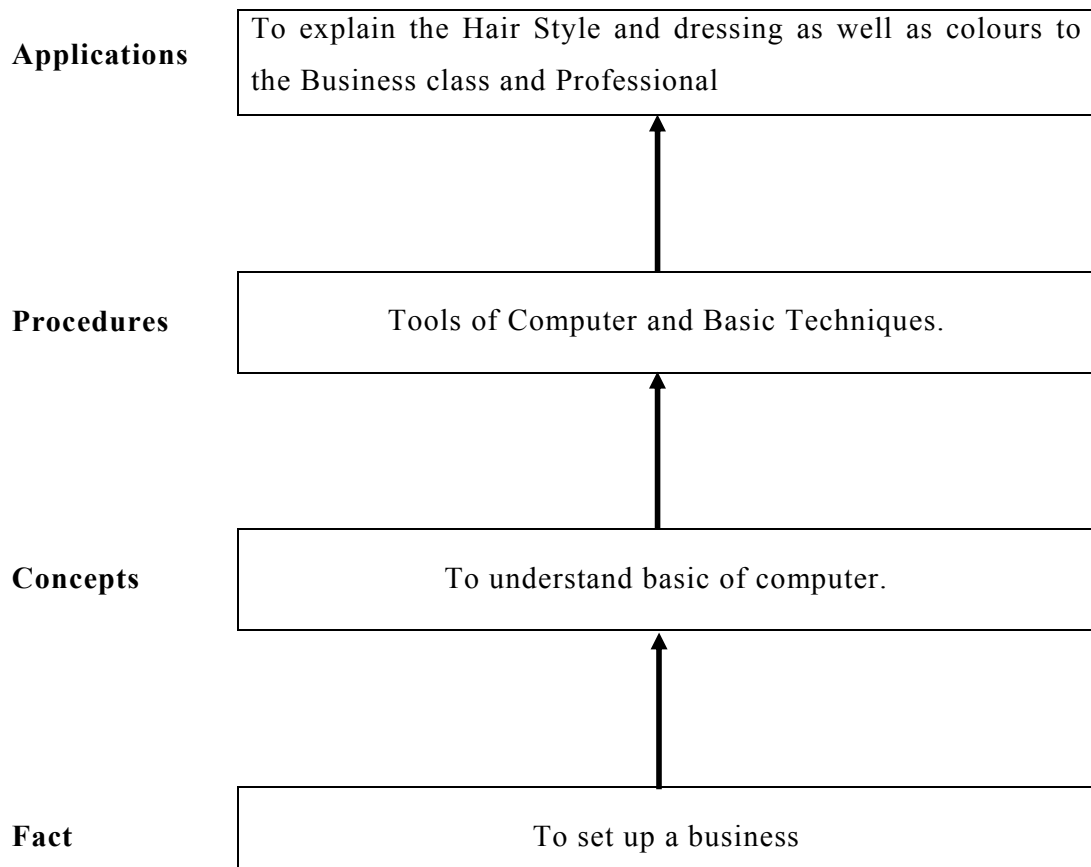
The subject will give a clear understanding as to how to draw Face and Figure as well as Hair Dressing style in computer. It will give all detail knowledge of computer as well as Free Hand drawing. The subject will also emphasize on the Hair Dressing for a customer.

Objectives:

To enable the students to:

- 1) Select the type of application.
- 2) Know all the icons and tool of the application which we are learning.
- 3) Know the various procedures to draw the chroquie as well as drawing.

Learning Structure:



PRACTICALS:

Skills to be developed:

Intellectual Skills:

Students will be able to Computer graphic design related to Beauty culture.

Motor Skills:

Students will be able to Practice to Graphic application.

List of Practical

1	Scanning Basic Concept of Scanning Tools of Scanner
2	Figure Drawing Face Figure Hair Dressing Hand Drawing Toes Drawing
3	Photoshop Tools technique Importing the Images Drafting and change the colour and Shape

Term Work:

- 1) To change the colour of Hair & Skin.
- 2) Change the shade and shape of the face.
- 3) To know all the technique of the Beauty Culture as well as Hair Dresser.

Book :

Sr. No.	Author	Title	Publisher and Address
01	Shankar Modgekar	Figure Drawing	Grace Prakashan
02	--	Corel Draw	Tata Magrill

Course Name : Diploma in Beauty Culture & Hair Dressing
Subject Code : BC
Semester : Third
Subject Title : Professional Practices
Course Code : --

Teaching and Examination Scheme:

Teaching Scheme			Examination Scheme						
TH	TU	PR	PAPER HRS.	TH	TEST	PR	OR	TW	TOTAL
--	--	03	--	--	--	--	--	50@	50

Rationale:

Professional practices will introduce the students to the latest aspects of Beauty culture and Hair Dressing. They will gain invaluable hands on experience in the emerging trends in beauty business.

Objectives:

The students will be able to:

- 1) Select corrective treatments and latest trends for skin & hair.
- 2) Demonstrate the latest techniques in the related subjects.
- 3) Gain practical experience from Industrial visits / parlour visits/ group discussion / Fitness center.
- 4) Learn appropriate dietary modification for benefit of the client.

Content Detail:

Sr. No.	Activity	Hours
01	Guest Lectures: Latest techniques used in skin care and hair care	16
02	a. Parlor visits b. Industrial Visit	24
03	Group discussions and seminars	08
Total		48